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# While males fight, females choose: male phenotypic quality informs female mate choice in mammals



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Keywords: antlers female choice mate choice ornaments sexual selection Theoretical support exists for an exaggerated male structure to serve as both a weapon for intrasexual competition and as an ornament to signal quality and promote female choice. However, there is little, if any, evidence to support this theory in male—male competition breeding systems. Using white-tailed deer, *Odocoileus virginianus*, as a model species, we manipulated antler size on males while controlling for body size and age and allowed 25 oestrous females the opportunity to choose between pairs of segregated males with either large or small antlers. By segregating males, we were able to remove any intrasexual male competition and isolate the effects of female choice. Using various behavioural indications of female choice, we demonstrate that females prefer males with large antlers to those with small antlers. Because antler size is heritable in deer, this female preference for larger antlers may be adaptive by increasing the reproductive success of her male offspring. Our unique antler manipulation study supports the armament-ornament model where male weapons can simultaneously serve as ornaments to females and weapons in male—male competition breeding systems.

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Darwin's (1871) theory of sexual selection included two principal mechanisms: intrasexual competition (usually between males) for breeding access, and mate choice (usually by the female) based on desirable traits in the opposite sex. His theory proposed that male secondary sexual characteristics evolved from sexual selection, but the specific mechanism (competition or mate choice) has been debated across taxa (red-winged blackbirds, Agelaius phoeniceus: Peek, 1972; pied flycatchers, Ficedula hypoleuca: Järvi, Røskaft, Bakken, & Zumsteg, 1987; bighorn sheep, Ovis Canadensis: Hogg, 1987; reindeer, Rangifer tarandus: Prichard, Finstad, & Shain, 1999; white-tailed deer, Odocoileus virginianus: Ditchkoff, Lochmiller, Masters, Hoofer, & Van Den Bussche, 2001; lions, Panthera leo: West & Packer, 2002; red deer, Cervus elaphus: Mysterud, Meisingset, Langvatn, Yoccoz, & Stenseth, 2005; roe deer, Capreolus capreolus:Vanpé et al., 2007). It is well accepted that many female birds select mates based on secondary sexual traits that signal their genetic quality (Andersson, 1982; Clutton-Brock & McAuliffe, 2009; Møller et al., 1998; Pryke, Andersson, & Lawes, 2001). Some male fiddler crabs, Uca pugilator, grow a gigantic claw (Salmon, Hyatt,

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McCarthy, & Costlow, 1978) and some male pheasants grow long spurs (von Schantz et al., 1989), both of which have dual utility as a weapon and an ornament (Berglund, Bisazza, & Pilastro, 1996). In mammals, however, it can be difficult to determine whether the weapon also signals quality to the female, simultaneously serving as an ornament.

Secondary sexual traits in mammals, such as body mass and size of weapons, may provide an advantage in male intrasexual competition for access to mates while simultaneously functioning as indicators of male genetic quality or status (Barette & Vandal, 1986; Berglund et al., 1996; Clutton-Brock, 1982; Ditchkoff et al., 2001; Geist, 1971; Pelletier & Festa-Bianchet, 2006; Vanpé et al., 2007). Berglund et al. (1996) provided evidence that weapons (armaments for male-male competition) can be used as ornaments to advertise genetic quality or status to females. However, the coercion avoidance hypothesis predicts that females should avoid using weapons as a criterion for male quality because males can use the weapon to coerce breeding. Instead, a female should use an ornament that is not linked to the male's ability to coerce breeding (Pradhan & Van Schaik, 2009). Dual purposes for male secondary sexual traits make it difficult to disentangle female mate choice from male intrasexual competition and coercive tactics (Clutton-Brock, Deutsch, & Nefdt, 1993). Thus, to properly evaluate female



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mate choice, experiments must control for male intrasexual competition (Charlton, 2013).

The ability to isolate individual male traits from other aspects of the male phenotype is challenging and limits detection of the influential sexual traits that females are selecting (Charlton, 2013). Additionally, controlled experiments are required to determine which of several allometrically related male traits females are selecting. For example, antler size in deer is a function of age and body size, which are associated with reproductive success (Barette & Vandal, 1986; Clutton-Brock, 1982; Jones, Strickland, Demarais, & DeYoung, 2011; Mysterud et al., 2005; Newbolt et al., 2017). Manipulation of antler size while controlling for age and body size is required to determine which trait influences female choice (Clutton-Brock & McAuliffe, 2009), but previous attempts to manipulate antler size have failed to show any effects (Lincoln, 1994; McComb & Clutton-Brock, 1994).

We hypothesized that antlers serve as an ornament that influences female choice. If true, our study would provide evidence for the signalling function of antlers adding to what we already know of their use in combat, consistent with the armamentornament model proposed by Berglund et al. (1996). Using whitetailed deer, we tested the ornament function of antlers by manipulating antler size and controlling for allometrically related traits, like body size, to isolate the influence of a single secondary sexual characteristic on female mating choice.

# **METHODS**

#### Site Description

White-tailed deer used in this study were wild-caught deer or offspring of deer captured from 29 sites throughout Mississippi (Michel, Demarais, Strickland, & Belant, 2015). Deer were maintained at the Mississippi State University Rusty Dawkins Memorial Deer Unit (MSU Deer Unit). The MSU Deer Unit, Oktibbeha County, Mississippi, U.S.A., is subdivided into 5 0.4–0.8 ha housing pens and 6 0.05–0.07 ha holding pens. Each housing pen contained water and two feeders with 20% crude protein deer pellets (Cargill Sportsman's Choice Record Rack, Cargill, Inc., Minneapolis, MN, U.S.A.) supplied ad libitum. Each holding pen contained water and one feeder. Available forages within pens included white clover (*Trifolium repens*) and various grasses and forbs.

The trial pens used in this study consisted of three holding pens located side by side and furthest from the housing pens. We installed video cameras in the centre pen facing down each fence line shared with the outer pens. The video cameras are capable of both day and night recording using infrared. We installed infrared illuminators to improve night-time video footage. We removed shade cloth from shared fence lines so that each animal could easily see an animal housed in an adjacent pen. We placed the food and water in the centre of the middle pen and on the outside fence of the outer pens (Fig. 1).

## **Oestrus** Induction

Females in oestrus would be most likely to exhibit an active choice (Charlton, Reby, & McComb, 2007), so we induced the oestrus of adult females using intravaginal controlled internal drug-release dispensers (CIDR<sup>®</sup>, Eazi-Breed; Zoetis Animal Health, Florham Park, NJ, U.S.A.) containing progesterone released at a controlled rate (Wheaton, Carlson, Windels, & Johnston, 1993). We removed CIDRs after 14 days (Ainsworth & Downey, 1986; Rhodes & Nathanielsz, 1988). The majority (~80%) of females enter oestrus 24 h after removal of oestrus-inducing CIDR devices (Rhodes & Nathanielsz, 1988). We induced oestrus in one doe every 2 days

from mid-November until mid-March so that each female's preference was expressed without influence of other females; that is, they were independent samples.

### Sedation Procedure

We used a Pneu-Dart projection system (Pneu-Dart, Inc., Williamsport, PA, U.S.A.) with telazol (4.4 mg/kg) and xylazine (2.2 mg/kg) or with BAM<sup>TM</sup> (0.55 mg/kg butorphanol tartrate (27.3 mg/ml, Zoo-Pharm, Laramie, WY, U.S.A.) + 0.18 mg/kg azaperone tartrate (9.1 mg/ml, ZooPharm) + 0.22 mg/kg medetomidine HCl (10.9 mg/ml, Zoo-Pharm)) to sedate females for CIDR insertion and removal. We administered tolazoline (4.0 mg/kg; Miller et al., 2004) to reverse effects of xylazine or naltrexone HCl (25 mg (50 mg/ml, ZooPharm)) and atipamezole (100 mg (25 mg/ml, ZooPharm)) to reverse effects of BAM<sup>TM</sup>.

#### Trials

To evaluate mate preference, we placed each female (N = 25) into the trial holding pen for 36 h immediately after CIDR removal to increase the likelihood that she would be in oestrus while expressing her preference (Rhodes & Nathanielsz, 1988). This proved a correct assumption because every female stood for breeding within 12 h of release into a separate breeding pen (D. Morina, personal observation).

On each of two sides of the trial holding pen was a similar holding pen containing a male with an antler manipulation treatment (Fig. 1). Two sets of males, a pair of 6-year-olds and a pair of 1year-olds, were used in the trials. Two sets of large antlers and two sets of small antlers were also used in the trials. Antler size was measured using the Boone & Crocket scoring system (Nesbitt, Wright, Buckner, Byers, & Reneau, 2009) converting measurements to metric units and without accounting for deductions. Each pair of males was the same age and similar body mass (6-year-old set = 1.3% difference, 1-year-old set = 8.0% difference). We installed the first set of large antlers (first set = 403 cm, second set = 425 cm) on one member of the pair and the first set of small antlers (first set = 152.5 cm, second set = 170.7 cm) on the other (Fig. 2). Antler size of deer harvested in Mississippi between 1991 and 2002 averaged 211.8 cm and ranged from a minimum of 25.4 to a maximum of 475.2 cm (*N* = 128 707; SD = 32.1; Strickland, 2016). Therefore, the antler sizes we assigned as large and small are within the naturally occurring size range. The antler manipulation process required anaesthetization, so we allowed 24 h for the effects of the drugs to subside before starting any choice trials. After the first several trials, we rotated the males between the two holding pens adjacent to the trial holding pen to control for potential bias due to pen location. After several more trials, we exchanged antler manipulation treatments within the pair to control for individual animal bias while also using the second set of large and small antlers to control for potential bias due to preference for a particular set of antlers. By doing so, each male was presented as a 'candidate' with different sets of large and small antlers over the course of the trials. After completing this series of trials using one pair of 6-year-old males, we repeated the process with one pair of 1-year-old males. All animal handling procedures followed methods approved by the Mississippi State University Institutional Animal Care and Use Committee protocol number 15-074.

We conducted trials using 25 female deer in oestrus. The pair of 6-year-old males was the basis for choice by 20 females, seven with them in one pen assignment, seven with them in opposite pen assignments, and six with a different set of large and small antlers. Trials using the pair of yearling males were ended after five trials in one set of pens due to an injury to one of the males.



Figure 2. Schematic representing antler manipulation.

Previous mate choice studies have used the amount of time spent by a female within close proximity of a treatment male to evaluate preference for male phenotypic characteristics (Clutton-Brock & McComb, 1993; Drickamer, Gowaty, & Holmes, 2000; McComb & Clutton-Brock, 1994). So, we observed each female's location and behaviours within the trial holding pen using a video camera (infrared and daylight) aimed along each of the fences separating the female from each of the males. Preferences of each doe were evaluated using three criteria (Fig. 3). The first two criteria included cumulative time spent walking and cumulative time spent bedded within 3 m of each male's fence. Time spent walking was used because restlessness is an indicator of oestrus (Løvendahl & Chagunda, 2010; Van Vliet & Van Eerdenburg, 1996). Time spent bedded (lying down) near each male was used because we have seen females exhibit this behaviour previously during breeding periods within our research facility. Scoring of female preference was based on a female spending >50% of her time performing these behaviours adjacent to one male's fence. The third criterion was based on observation of four specific oestrous behaviours indicating a desire to breed. These were standing (the female made no effort to escape when a male attempted to mount her, although the fence prohibited males from mounting the female), allowing sniffing and licking of the vulva by a male, and cajoling (Van Eerdenburg, Loeffler, & Van Vliet, 1996; Van Vliet & Van Eerdenburg, 1996). Preference assignment according to the behavioural (third) criterion was based on a female exhibiting a majority of behavioural cues adjacent to one male's fence during a given trial.

#### Data Analysis

For each female and each criterion, we assigned positive preference (+) for choosing large antlers, avoidance (-) for choosing small antlers, or no preference (=) if the female did not exhibit the given behaviour (Supplementary Material). We tested for significance of female choice for antler size using a nonparametric sign test (West & Packer, 2002) for each of the three criteria by male age and combined.

# RESULTS

Females preferred males with larger antlers in 20 of 25 trials based on time spent walking (P = 0.002) and in 11 of 14 trials based on time spent bedded (P = 0.029). For the 6-year-old buck pairing, females preferred the male with larger antlers in 17 of 20 trials



**Figure 3.** Mean  $\pm$  SE (a) proportion of time spent walking (N = 25), (b) proportion of time spent bedded (N = 14) and (c) number of behavioural cues performed (N = 5) within 3 m of fence lines shared with large-antlered and small-antlered males.

based on time spent walking (P = 0.001) and in 8 of 10 trials based on time spent bedded (P = 0.055). For the yearling buck pairing, females spent >50% of their time close to males with larger antlers in three of five trials (P = 0.5) based on time spent walking and in three of three trials (P = 0.125) based on time spent bedded. Obvious behaviours indicating a preference were limited, so female preference did not differ when four females preferred males with large antlers and one preferred males with small antlers (P = 0.188).

# DISCUSSION

In the first demonstration of female choice for antler size in Cervidae, we showed that females prefer larger-antlered males to smaller-antlered males when intrasexual male competition is controlled, making antlers both a weapon and ornament. We assume that behavioural choices by oestrous females would have been driven more by the need to reproduce than other considerations. For example, sexual and social interactions of female rhesus monkeys, Macaca mulatta, change with the menstrual cycle. They associate primarily with other females outside the breeding season but then increase interactions with males as the breeding season begins. This shift in interaction preference is due to hormonal changes that come with the beginning of the breeding season (Michael & Zumpe, 1993). Cochran (1979) found that proceptive behaviour observed by female rhesus monkeys predominantly consisted of female-initiated proximity and following of males. Additionally, given that habitat use in white-tailed deer is clearly sexually segregated (Bowyer et al., 2002; Kie & Bowyer, 1999; McCullough, Hirth, & Newhouse, 1989), it is unlikely that preference for larger antlers would have been based on the need for protection from predation, especially in the absence of any immediate predation threats. However, it is possible that this preference may be related to protection against harassment by smaller males. This mate preference for larger antlers may be adaptive for females because this moderately to highly heritable trait (Lukefahr & Jacobson, 1998; Michel, Demarais, Strickland, Smith, & Dacus, 2016) increases reproductive success in males (Barette & Vandal, 1986; Charlton, 2013; Clutton-Brock, 1982; Newbolt et al., 2017). It may be advantageous for females to choose mates with larger antlers if they produce 'sexy sons' with larger antlers, who in turn also have greater reproductive success (Weatherhead & Robertson, 1979). A similar type of offspring benefit resulting from mate choice has been revealed in house mice, *Mus musculus* (Drickamer et al., 2000), where offspring produced from a female and her chosen mate had greater survival and dominance compared to offspring produced with a nonchosen mate.

According to the conditional handicap theory, antlers should be costly to produce and be condition dependent in order to serve as an honest signal for female choice (Pomiankowski, 1987; Zahavi, 1977). The high energetic cost of antler development via increased nutrient requirements and condition dependence is demonstrated in several species (white-tailed deer: French, McEwen, Magruder, Ingram, & Swift, 1956); moose, *Alces alces*: Moen, Pastor, & Cohen, 1999; roe deer: Vanpé et al., 2007). Berglund et al. (1996) proposed that antler development might come with increased fitness costs, as they are constantly tested in combat with other males. Therefore, if antlers functioned only as weapons for male–male competition to establish dominance and gain breeding opportunities, extremely large antlers may be selected against due to their physiological cost with diminished benefit in male–male combat.

Because antlers provide an honest signal of genetic quality (Vanpé et al., 2007), our results may suggest that females prefer males with large antlers because they are a fitness correlate. However, the signalling function of antlers may be suppressed in the presence of male intrasexual competition. An example of this behaviour was documented in bluefin killifish, *Lucania goodei*, where females exhibited pronounced preferences between males based on morphological traits, but male spawning success was based on male dominance and aggression, which were not associated with any of the measured morphological traits. Although the more dominant males had higher spawning success, females spawned more quickly with preferred males (McGhee, Fuller, & Travis, 2007). The difference in spawning timing in this example supports a possible mechanism by which a female's choice can be manifested.

Female choice in deer could similarly involve a timing component. Earlier onset of oestrus due to biostimulation (exposure to males) has been demonstrated in several species including sheep (Williams, 1984), white-tailed deer (Verme, Ozoga, & Nellist, 1987) and beef cows (Burns & Spitzer, 1992). Additionally, rams of high libido are more effective at progressing oestrus than rams of poor libido in sheep (Williams, 1984). It is possible that preferred males have a stronger biostimulatory effect on the timing of female oestrus than do nonpreferred males. This would allow the female to be available for breeding earlier when she is in close proximity to a preferred male. Females might also seek out preferred males through excursive behaviours immediately prior to entering oestrus (Sullivan, Ditchkoff, Collier, Ruth, & Raglin, 2017). Oestrus may be longer if a preferred male is not readily available, increasing the chance of breeding with multiple males. This idea may explain occurrences of multiple paternities demonstrated in ungulate litters (DeYoung, Demarais, Gonzales, Honeycutt, & Gee, 2002, 2006; Sorin, 2004).

Our results differ from those of a previous similar study by McComb and Clutton-Brock (1994) that presented female fallow deer to males with and without antlers to assess antler preference. Their study failed to find female preference for antlers, possibly due

to differences in mating system or females discriminating between males based on alternative characteristics. We were able to present females to males with large and small antlers while controlling for allometric characteristics such as age and body size using a novel antler manipulation process.

Our results from our behavioural criteria and our set of younger males failed to show significant preference for large or small antlers. Obvious behaviours indicating a preference were limited, possibly due to the difficulty in detecting these behaviours or because the females were not allowed to directly interact with males. Trials run using the smaller set of males were also limited due to an injury to one of the younger males. The small antler base of one yearling male broke at the attachment point of the antler coupler. Because of these challenges, sample sizes for these two analyses were small, leading to their lack of significance.

We found evidence of female preference for males with larger antlers in white-tailed deer, a behaviour that should be adaptive due to the honest signalling of antlers for male quality and because secondary sexual characteristics are heritable in many ungulates such as adult red deer velvet antler weight ( $h^2 = 0.85$ , van den Berg & Garrick, 1997), adult white-tailed deer antler mass ( $h^2 = 0.43$ , Lukefahr & Jacobson, 1998), white-tailed deer antler score ( $h^2 = 0.56$ , Michel et al., 2016) and bighorn sheep horn length ( $h^2 = 0.69$ , Coltman et al., 2003). Additional male secondary sexual characters, such as age, body size and chemicals/pheromones could similarly influence female choice. Further studies should address the potentially reinforcing or confounding nature of female preferences for multiple secondary sexual characters to further develop our understanding of the relationship between male–male competition and female choice.

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#### Supplementary material

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