Bachelor of Science in Nutrition Dietetics Option 2+2 Program

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March 9, 2023
Outline

Becoming a Registered Dietitian/Nutritionist
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Becoming a Registered Dietitian/Nutritionist

- Registered Dietitians/Nutritionists are regulated health professionals and the only group licensed to practice in nutrition in Canada.
- Becoming a Registered Dietitian/Nutritionist requires successful completion of:
  - Accredited undergraduate degree
  - Dietetic practicum program (~48 weeks)
  - Canadian Dietetic Registration Examination
What can I do as a Registered Dietitian/Nutritionist?

Advanced Education

• Excellent preparation for advanced health professions programs (i.e. medicine, therapy, physiotherapy, dentistry, etc)
  • Science foundations + clinical practice courses
  • Plan B career in dietetics
• Advanced practice training
  • Certified diabetes educator, enteral/parental nutrition, etc.
• Graduate study
  • Public health, health administration, counselling
  • Research-oriented

Careers in Dietetics

• Private, clinical, family, or long-term care practice
• Public Health, community nutrition, and health promotion
• Sport Dietitian
• Business and entrepreneurship
• Food service management
• Health systems administration
• Media and communications
2+2 Program Background and Overview

- Unique partnership between the Faculty of Science at MUN and the School of Nutrition and Dietetics at Acadia
- You will earn a Bachelor of Science in Nutrition (BSN; Dietetics Option)
- You will complete:
  - 1\textsuperscript{st}/2\textsuperscript{nd} years: 17 specific courses at MUN
    + 3 online asynchronous courses in nutrition foundations via Open Acadia
  - 20 courses (required + electives) at Acadia
2+2 Course Plan

- First two years at MUN (variations depending on students' course selection)

<table>
<thead>
<tr>
<th>FIRST YEAR</th>
<th>WINTER</th>
<th>Spring semester</th>
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<tbody>
<tr>
<td><strong>FALL</strong></td>
<td><strong>WINTER</strong></td>
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<td>English 1090 (1000)*</td>
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<td>Mathematics 1090</td>
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<td>Chemistry 1051</td>
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<td>Biology 1001</td>
<td>NUTR 2323 through Open Acadia***</td>
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<td>Pharmacy 2002</td>
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<td>Statistics 2500</td>
<td>Statistics 2501</td>
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<td><strong>NUTR 1313 through Open Acadia</strong></td>
<td><strong>NUTR1323 through Open Acadia</strong>*</td>
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<tr>
<td>ARTS elective</td>
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# 2+2 Course Plan

- Second two years at Acadia

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<th>Third year</th>
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<tr>
<td>Fall</td>
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<td>BIOL 2053</td>
<td>NUTR 3513 Community nutrition</td>
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<td>Microbial diversity (lab)</td>
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<td>NUTR 3553</td>
<td>NUTR 3023 Advanced human nutrition</td>
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<td>Professional practice in dietetics</td>
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<tr>
<td>NUTR 3013</td>
<td>NUTR 3033 Sustainable food systems</td>
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<td>Nutrition and health research</td>
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<td>NUTR 1333 Food 1</td>
<td>NUTR 1343 Food 2</td>
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<tr>
<td>NUTR 2013 Principles of Nutritional Assessment</td>
<td>NUTR 2023 Communications in nutrition &amp; dietetics</td>
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<tr>
<th>Fourth year</th>
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<tr>
<td>Fall</td>
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<tr>
<td>NUTR 4013</td>
<td>NUTR 4023 Management in dietetics 2 (lab)</td>
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<tr>
<td>Management in dietetics (lab)</td>
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<td>NUTR 4223</td>
<td>NUTR 4553 Nutrition &amp; disease 2</td>
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<td>Sensory evaluation of food (lab)</td>
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<td>NUTR 4533 Nutrition &amp; disease 1</td>
<td>NUTR 4903 Senior seminar</td>
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<td>NUTR 4123 Nutrition education</td>
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<td>Elective</td>
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Application and Selection Process

- Students typically apply during their first year and begin courses at Acadia in their third year.
- Application window opens in March and closes in early May.
- Your application will be gathered and reviewed for completion by a coordinator at MUN.
- Complete applications for eligible candidates sent to SND for selection by June.
Application and Selection Process

- Offer letters sent to successful applicants by MUN's Office of the Dean of Science
  - Notification of any incomplete, required courses
- Students accept their offer into the 2+2 program and start the Open Acadia courses
  - Asynchronous, online, continuous intake
  - Must be completed before beginning classes at Acadia
- Students officially apply to Acadia for admission to the Bachelor of Science in Nutrition (Dietetics Option) in October
Transition to Acadia

• You will attend two meetings with SND’s Director and Administrative Assistant during your second year to help you prepare to arrive and start classes at Acadia
  • In the Fall to review the admission process and ask questions
  • In the Spring to discuss course registration, ask questions, and review the practicum program
• You will be assigned an academic advisor upon arrival at Acadia to help navigate the degree program and career planning
Additional Program Information

• Very active student groups in SND
  • Social events, networking, and professional development

• Small class sizes

• Emphasis on experiential learning

• Opportunity to complete additional program components to enhance your learning (may extend time to graduation):
  • Honours thesis – research skills in a topic of your choice; required by some graduate programs
  • Co-op – up to three paid work terms in a relevant workplace setting
About Acadia

• Located in Wolfville, Nova Scotia
  • Surrounded by the Annapolis Valley
  • Small, walkable university town with many bars, restaurants, brew pubs, and activities
  • Tight-knit, but welcoming community

• About 3800 students

• Active student life on and off campus

• Very well-equipped Athletics complex, easily accessible walking trails, and outdoor recreation opportunities
Student Experience

Maria Henein
161502h@ACADIAU.CA

• Why did you decide to pursue the 2+2 program?
• How did you find the transition to Acadia?
• What has been your experience of the program so far?
• Is there anything that you wished you knew before starting the 2+2 program?
• What advice or recommendations do you have for students considering the 2+2 program?
Thank you

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