

# Safety Planning

## RESOURCES

1. Download MUN Safe App (Android & Apple)
  - a. Report
  - b. Emergency Contacts
  - c. Work Alone
  - d. Mobile BlueLight
  - e. Friend Walk
  - f. Emergency Plans
    - i. Active Intruder
    - ii. Fire & Evacuation
    - iii. Suspicious Package
  - g. Environmental Health & Safety
    - i. Mental Health Toolbox
    - ii. EHS Webpage (Brightspace training & eAlerts)
2. Campus Enforcement and Patrol
  - a. (709) 864-4100
3. MUNSU SafeWalk Program - (709) 864-6464
4. Sexual Harassment Office – [www.mun.ca/sexualharassment/](http://www.mun.ca/sexualharassment/)
5. Offered through the Student Wellness and Counselling Centre
  - a. Mental Health First Aid – available in person or online
  - b. Applied Suicide Intervention Skills Training (ASIST)
  - c. SafeTalk - Virtual
  - d. Email [swccwellness@mun.ca](mailto:swccwellness@mun.ca) to inquire about upcoming training or to schedule a workshop.
6. Human Resources – [myhr@mun.ca](mailto:myhr@mun.ca)
  - a. EAP
  - b. EFAP
  - c. Psychological Health & Safety