

Congratulations to all the new arrivals!!!!

Emily Meiya Yuen was born on July 30th, 2020 to Ryan Yuen!



Willow Raine Brush was born on July 16th, 2020 to Blair Brush!!



Maxwell Storey was born to Cheryl Foo on July 3rd, 2020!



Miles McDowell Quann who was born on July 18th to Matt Quann!



Ronan Christopher March was born on July 10th, 2020 to Amber MacClellan.



The **CaRMS Committee** is just one of the subcommittees of the pediatric residency program. It is chaired by Dr. Laura Vivian. Other members are Dr. Lynette Bowes, Dr. Mary Jane Smith, Dr. John Martin and the Chief Residents

The committee meets **four** times per year

Fall- to evaluate our questions and file review process for the upcoming CaRMS iteration, decide upon staff to ask for help with file evaluation and interviewing

Late Fall- to decide upon candidates to interview

Winter- to rank interview candidates

Spring- to evaluate how the CaRMS process went and decide upon any changes for the following year

Each person serves a three year term (other than the chief residents). The committee relies on staff and residents who volunteer each year to help review the 120-140 applications we receive and interview between 60-80 candidates.

The CaRMS selection process will be delayed this year due to COVID. File review will not take place until February 2021 and interviews will be in March 2021. All interviews will be conducted virtually as we did last year. Match day will be on April 20th, 2021.

Competence Corner

As the date for our switch to Competency By Design (July 2021) moves closer there are a few new ideas that we need to get used to.

Residents will no longer move through our program based on what year they are in, rather they will complete the 4 different stages of training:

- Stage 1: Transition to discipline
- Stage 2: Foundations of discipline
- Stage 3: Core of discipline
- Stage 4: Transition to practice

Movement from one stage to the next will depend on the resident completing the required EPA's for that stage, not the number of rotations they have completed.

An EPA is an entrustable professional activity. EPAs are authentic tasks of a discipline. What are some EPA's in pediatrics that you can think of?? I think of taking a very good history and physical tailored to pediatrics- so including the neonatal and pregnancy history. This would be one example of an EPA found in Stage 1.

Happy Retirement!!!



The pharmacy team at Eastern Health, Janeway site would like to wish **Elaine Tucker** a happy retirement. Elaine has been an essential member of the Janeway pharmacy team since 1992, and has been a valuable resource to all staff at the hospital since that time. Before starting in her current role in hospital pharmacy, Elaine was an experienced community

pharmacist. As a student, she trained under renowned pharmacist James O'Mara, gaining a wealth of knowledge and of interesting stories to share. Over the years, she has acted as a preceptor for countless students and has helped to train numerous colleagues in pediatric pharmacy practice. She always did so with kindness, patience, and a genuine enthusiasm for sharing her knowledge. In 2009, she was honoured with the Preceptor of the Year award – her student from that year was inspired to continue working in hospital pharmacy at several sites, and even was fortunate to have had the opportunity to work directly with Elaine at the Janeway for several years. Over the years, Elaine has amassed a wealth of knowledge around pediatric pharmacy practice. With this background, she is often able to explain necessary context around various procedures, policies, and compounds – she is often the go-to when we wonder if some odd compound, dilution, or dosing strategy has ever “been done” in the past. In particular, she amassed a large and varied collection of compounding formulations that is now indispensable in the current day-to-day workflow at the Janeway. She is also very skilled at procuring drug information, and for many years she drafted the Pharm Alerts for all of Eastern Health. She has developed a strong rapport with many of the physicians and nurses at the Janeway, and her presence will surely be sorely missed by all. We wish her all the best for a well-deserved, relaxing retirement!

Welcome Home!!!



Dr. Meighan Adams is thrilled to be joining the Janeway Cardiology team! A proud Newfoundlander, she completed medical school here at MUN before doing General Pediatrics residency training at the IWK in Halifax. She enjoyed the IWK so much that she stuck around for her Pediatric Cardiology fellowship, then finished off her training with 5 months at Sick Kids in Toronto before delivering her son Alexander and tackling her subspecialty Royal College

exam. Meighan, her husband John, Alexander and their dog Chase are so grateful to be back on this beautiful island, especially with everything 2020 has brought. Snowmageddon couldn't even scare them off! Now that they have survived their first year of parenthood, when they are not at work you can find them hiking the east coast trail, chasing Alexander around a splash pad, or supporting local restaurants when Covid restrictions allow. She is looking forward to working alongside so many talented clinicians, and truly appreciates the warm welcome she has already received.

Submissions for the newsletter

All submissions should be sent to Dr. Laura Vivian at Laura.Vivian@easternhealth.ca by October 23rd, 2020 if you wish to have them included in the November edition.

Watch out for the exciting results of our naming contest to be revealed in the November edition!!!