

## Welcome to New Staff at the Janeway



### New Research Manager for the Janeway Pediatric Research Unit (JPRU)

The Discipline of Pediatrics is very happy to welcome Rozane El Masri as the new Research Manager for the Janeway Pediatric Research Unit (JPRU). She has already made an impact helping with the Janeway Foundation grant reviews, as well as meeting with faculty about their projects. Rozane has a BSc in Medical Laboratory Sciences and a Masters in Public Health. She has prior experience as a Perinatal Mental Health Alliance Coordinator, a research coordinator with War Child, in Beirut, Lebanon, as well as an Information Management Officer with Action Against Hunger, in Beirut Lebanon. She can be reached at [relmasri@mun.ca](mailto:relmasri@mun.ca). Welcome Rozane!

### Dr. Claire Wallace

Hi everyone! I am so excited to be joining the Janeway's general pediatrics team. As most of you know, I recently graduated pediatrics residency here at the Janeway, and did my medical school training here as well. I have joined the general peds team for the year, with a focus in asthma and other respiratory issues. My research interest is in asthma education.

Outside of the Janeway you can find me on the East Coast trail, or biking around town in an effort to fully become the "new MJ".





Hi everyone! My name is Sarah and I'm one of the new gastroenterologists! I am originally from St. John's, and have done most of my education here at MUN including my undergrad, masters, medical school and pediatrics residency. I then traded in the Atlantic Ocean for the Rocky Mountains and just finished 2 amazing years in Calgary doing my GI fellowship. I'm so excited to be back home and be back here at the Janeway- it's a really special place. Outside of the hospital, I love spending time with my nieces, my pups and my family/friends. I'm looking forward to meeting all of the residents and new staff!

Hey everyone! It's good to be back at the Janeway. As you may remember, I did Med School at Dal, came here for residency and then went to McMaster for PICU. Happy to be back full time now! Academically, I am interested in helping to expand the point-of-care ultrasound education here at the Janeway. Outside of work, I'm a big fan of Frisbee and board games. Looking forward to working with you all.

Cheers,  
Andrew



**We have more new staff to introduce in the November edition.....stay tuned!**

## **Janeway Foundation Awards \$175,000 to researchers working on improving children's health in Newfoundland and Labrador**

The Janeway Research Advisory Committee (JRAC) met on August 25th to assess proposals submitted during their annual call for research applications. The call was for projects which work towards improving the health of children across our province. Through the generous support of the Janeway Foundation, the JRAC was able to approve over \$175,000 for new research projects.

Projects which received funding this year included:

- Dr. Paul Dancey - The Canadian Alliance of Pediatric Rheumatology Investigators National Juvenile Idiopathic Arthritis Registry
- Dr. Sevtap Savas - Social Stigma Associated with Pediatric Cancer in Newfoundland and Labrador
- Dr. Rachel Prowse - Canada's First Sugar-Sweetened Beverage Tax: Evaluating its Real-Life Implementation in Newfoundland and Labrador on Beverage Intake in Youth
- Dr. Pavan K. Kakumani - Regulatory role of CSDE1 in miR-708 biogenesis in leukemia
- Dr. Zahra Farahnak - The association between milk and dairy product consumption and body fat and weight status in school-aged children in St. John's metropolitan area
- Dr. Qutuba Karwi - Targeting ketone oxidation in the neonatal congestive heart
- Dr. Jacqueline Blundell - Parental Rapamycin treatment prevents the intergenerational stress effects on adolescent offspring
- Dr. Nicole Lewis-Power - Novice Pediatric Nurses Experiences
- Dr. Brittany Bolt - Family Physician crisis and pediatric emergency department
- Claire Hynes - Functional characterization of CSDE1 missense variants in autism spectrum disorders
- Emma Haraga - Characterization of Respiratory Outcomes During Implementation of Quality Improvement Initiatives in Premature Infants Less Than 28 Weeks Gestational Age in Newfoundland and Labrador

- Taylor Anthony - A Cognitive-Behavioral Single Session Intervention for Weight Bias Internalization in Youth: A Pilot Study
- Melissa MacKay - Autistic Youth and Caregiver Perspectives on the Challenges of Transitioning to Adulthood
- Idris Bamigbayan - A Day in the Life: Exploring exposure to unhealthy food marketing in youth living in Newfoundland and Labrador through a novel mobile application.

Congratulations to all of the winners. The next annual JRAC call for research applications will be in the spring of 2024.

## Important reminders

CaRMS File Review Starts on **Dec 1<sup>st</sup>**, 2023

CaRMS Interviews **January 15<sup>th</sup>-18<sup>th</sup>**, 2023

**Pediatrics Holiday Party**, Friday evening December 8, Swilers.



# Focus on CBD

Our new pediatric residents will be starting in Transition to Discipline as it is the new academic year! Just a reminder that we are looking for one observation per day for each resident! This is our third cohort of residents in CBD! Let us be proactive and ask them about EPA's before they get a chance to ask us!!

## Focus on Core EPA #6

### Assessing and managing patients with mental health issues

- This EPA focuses on the recognition, assessment, and management of mental health issues.
- Examples include patients with ADHD; anxiety disorder; conversion disorder; early psychosis; eating disorders; mood disorders; obsessive compulsive disorder; oppositional/disruptive and conduct disorders; substance abuse disorders, including tobacco/nicotine products; and suicidal ideation, intent, and attempts.

### The Milestones for this EPA include:

1. Apply knowledge of normal and abnormal physical, cognitive, emotional, social and behavioural development
2. Perform a clinical assessment that addresses all relevant issues
3. Use screening tools and validated questionnaires, as applicable
4. Synthesize biological, psychological, and social information to determine a diagnosis



5. Develop and implement a management plan that considers all of the patient's health problems and context
6. Prescribe first-line psychotropic medicines as applicable
7. Develop a plan for ongoing management and follow-up
8. Determine the need for and timing of referral to another health care professional
9. Facilitate timely access to services and resources in the health and/or social system(s)
10. Apply the principles and limits of confidentiality as defined by professional practice standards and the law
11. Apply relevant aspects of mental health law and child welfare legislation

Each edition of J-files will be highlighting a different EPA as our residents move through the stages of training. For more information on CBD go to <https://www.royalcollege.ca/rcsite/cbd/competence-by-design-cbd-e> and for our curriculum maps and EPA's go to One 45 at <https://webeval.med.mun.ca/mun/>



**We would like to offer our most heartfelt congratulations to Dr. Joanna Lo on her recent nuptials!**