

The Spurrell Family Part 14: Cindy

Cindy is Wavey's sister, and to her surprise found herself pregnant at the age of 42. Cindy hoped she would go to full term on this pregnancy. With her first pregnancy at the age of 27 her water broke at 35 weeks, and she had a fast labour.

Cindy started having labour pains and went into full labour quickly. The baby is on its way! She pushes with all her might and one hour later, a baby boy is born. The baby did not cry immediately. The nurses took the baby aside to go through the routine checks. When the nurse looked at the baby, she immediately asked the other nurse in the room to call for the paediatrician.

The paediatrician arrives shortly and the nurse says in a concerned tone, "Doctor, I think we have a problem here...". The paediatrician quickly examines the baby. The baby is slow to respond, with a weak cry and little movement. After what seems like an eternity, the baby does start to cry, slowly at first, then more briskly but its colour remains poor.

Cindy is exhausted, but her concern is growing by the minute. Finally, the doctor brings him for Cindy to see. He tells her the baby is "slow to wake up", and they will need to admit the baby to the neonatal ICU so they can do more tests.

Cindy's mind is going around in circles. What is wrong with my baby? I must have done something wrong during my pregnancy? Maybe it is my age. Maybe I shouldn't have had those few glasses of wine during the pregnancy. She hadn't told anyone about this during her doctor's visits. How will I tell my partner? What would she do now? She felt overwhelmed and exhausted.