
OCTOBER 2020

The Office of LWS

Monthly Newsletter



NEED HELP?
Want to book an appointment?

Email:
studentaffairs@med.mun.ca

Phone:
(709) 864-6328



Well-Being

We are pleased to inform you that our faculty and staff have added new content to our website and we encourage you to take advantage of the many online well-being resources provided there.

Medical learners may experience a variety of personal, academic, or financial issues that can impact on their sense of well-being and their studies. Learners who are experiencing difficulties are encouraged to consult with staff in Learner Well-Being and Success. Reach out to Michelle Snow to arrange a virtual appointment.

Email Michelle at: studentwellness@med.mun.ca



If you have any suggestions to add to our resources or have any ideas related to learner wellbeing initiatives that you would like to bring to us, please let us know!

Email:
studentaffairs@med.mun.ca



Career Planning

The undergraduate Shadowing Program will restart in October for Phase 3 learners and in February for Phase 2 learners.

As a result of the pandemic, opportunities for students to shadow within clinical environments may be limited. Students should anticipate this and work with their assigned shadowing preceptor to explore alternative options for career mentorship, such as virtual shadowing or teaching activities in lieu of clinical site experiences when required.



- Some residency programs and physicians have been offering virtual information sessions for students participating the 2021 CaRMS match.
- The Anesthesia Program at UBC invites you to attend their event by Zoom on October 28, 2020 at 5pm. For more information, please email:
 - studentaffairs@med.mun.ca
- Please view the National AFMC calendar here:
 - <https://afmc.ca/en/learners/r1-match>

Mentorship

The Faculty of Medicine is committed to fostering successful mentoring relationships. Mentorship is a catalyst for attaining successful careers in medicine and research, given its vital role in the professional development and productivity of a mentee.



Learners are encouraged to take advantage of our Mentorship Program and request a mentor today!

*See our website,
or email the Office of LWS
for more information.*



This newsletter is brought to you by
the Office of Learner Well-Being & Success:

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