

DME DISPATCH

Memorial's Distributed Medical Education Newsletter



TOWARD
Adventure

Summer 2023 / bit.ly/Memorial/DME



PET-FRIENDLY STAYS AT DISTRIBUTED MEDICAL EDUCATION (DME) HOUSING *Corner Brook, NL*

My name is Kala Hickey, I am a senior (PGY4) general surgery resident who recently spent a three-month community surgery rotation in Corner Brook at Western Memorial Regional Hospital. During my time, I was provided with completely furnished DME housing conveniently located near the hospital. It was comfortable, safe, and for the first time throughout my training, pet-friendly.

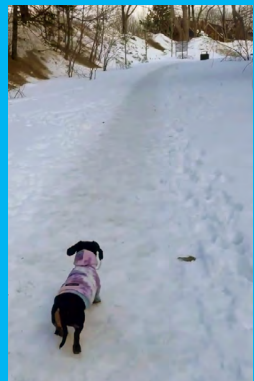
Completing rotations away from home comes with challenges, especially when it means leaving your pets behind with the stress and anxiety associated with arranging for a caretaker. Having the option to utilize pet-friendly housing provided

me with the opportunity to spend my free time with my stress reliever, my 5-year-old wiener dog.

Corner Brook is a beautiful city in all seasons, complete with numerous walking/hiking trails, cross-country skiing, and more.

My absolute favourite thing to do during my time there was to explore the outdoors with my dog. The provided housing allowed for a safe and cozy place for my dog to spend the day while I was at work. The landlord was readily available and even offered to check on her if needed!

Overall, it was a wonderful experience and I look forward to utilizing DME pet-friendly housing when I return next year.



Those interested in pet-friendly DME housing should apply in advance. For details email: dme.housing@mun.ca

REGIONAL DME HIGHLIGHTS (CENTRAL)



As we continued to move out of the pandemic, our residents were able to participate in many social and educational activities across our region. In May 2022, we were welcomed by the town of Pilley's Island. We practiced critical procedural skills using our simulation task trainers. Residents learned about the application of tourniquets, airway management, intraosseous cannulation (IO) placement, and traction splint application. We made a visit to the awesome BumbleBee Bight Inn and Brewery (or "Bunks, Brews, Bites, and B'ys" as they call it) for a talk on practice management and financial health. We hiked the Hazelnut Hill Trail in Roberts Arm before heading back to the Inn for the night!

In October 2022, the towns of Lewisporte and Botwood hosted us for some kayaking in Lewisporte harbour,

followed by a huge feed sponsored by the town at some beautiful cabins overlooking the harbour. The next day, we headed to Botwood for a casting session where residents learned common casting and splinting techniques for the upper and lower extremities. We ended our day with talks focusing on physician wellness.

Finally, in March our residents were welcomed to the town of Gander. The town hosted us in the morning for some teaching on obesity management, trauma, and an approach to chest pain. From there, we headed to Dr. Chris Dicks cabin for a day filled with polar dips, hot tubs, snow shoeing, snowmobile rides, archery, and much more!

We had an amazing run with our current cohort of residents, we are sad to see them go. Drs. Ben Davis, Cody Diamond, Madison Lewis, Myfanwy Price, Ahila Karunanithy, and Abby Robbins have become a part of our medical community. We are lucky to have most of them continuing here in Central! We are looking forward to a new cohort of PGY1's joining us soon. They have big shoes to fill!

Dr. David Bradbury-Squires, Stream and DME Lead, Central Region



STAFF CONTRIBUTIONS



MEET YOUR EASTERN DISTRIBUTED TEAM

Cassandra Ingram (left) has worked as an Academic Program Administrator (APA) with the Faculty of Medicine since November 2012, and Jacqueline Fewer (right), also an APA, has been in her role since May 2013.

As valuable members of the Eastern DME team, Cassandra and Jacqueline work together providing administrative support and offering great environments that allow practice-based learning and training that enhance confidence which leads to competent learners and residents. Working as a team they organize and participate in biweekly and monthly meetings with the Eastern Stream Lead and the DME Lead. They collaborate on the organization of academic and social events for our medical learners including incoming and outgoing Family Medicine residents. They take an active role in planning academic events such as the upcoming two-day Eastern Stream Family Medicine Workshop scheduled in St. John's, September 8 and 9, 2023.

Cassandra and Jacqueline are enhancing the learning opportunities in the Eastern Region of Newfoundland and Labrador while building relationships and actively engaging with medical learners and community partners.

The Eastern DME APAs are the "glue" that keeps our Eastern Region together!

Connect with Jacqueline at dme.northeast@mun.ca or Cassandra at dme.discovery@mun.ca.



Jacqueline Fewer (left) and Cassandra Ingram (right) after participating in the annual Tely 10 in October 2022 as part of a group of DME participants with Team Memorial.

FACULTY SPOTLIGHT

DR. ROBERT FORSEY

Dr. Forsey grew up in Harbour Grace, NL and graduated from Memorial's medical school in 1987.

Dr. Jon Ross suggested he go to Happy Valley-Goose Bay, NL for his one-month rural family medicine rotation and that is where he met his wife to be, Bev. She enticed him to return in 1988 and he has been there ever since. Reflecting on his rotation, "I liked the place and really liked the physiotherapist (Bev)."

In the late 80s/early 90s Dr. Michael Jong came up with the idea of developing a northern rural remote teaching program now known as NorFam and Dr. Forsey was happy to be involved from the beginning.

SOME INTERESTING PRACTICE MILESTONES INCLUDE:

- Delivering a baby, then being tapped on the shoulder by the grandmother who points out that you delivered the mother 20+ years ago
- Teaching a medical student who tells you that you taught their parent who was also a medical student in Labrador
- Collegiality and supportive coworkers keep him in Labrador. Nearly all of his physician colleagues are former NorFam residents.

To contact Dr. Forsey please email norfam123@gmail.com



Left to right Ben Edwards (Phase 3 learner) Faculty of Medicine, Memorial University, Dr. Robert Forsey and Dr. Louise Twells, (PGY2) Faculty of Medicine, Memorial University.

NEWS FROM THE ASSISTANT DEAN



Distributed Medical Education has continued with its strong presence throughout the spring. Our Phase 2 and 3 Community Engagement medical students took advantage of distributed medicine opportunities to learn about rural community health and primary care.

The Faculty of Medicine was again recognized at the Society of Rural Physicians of Canada Rural and Remote Course in April with both institutional and individual faculty awards. Thank you and congratulations to everyone at the Faculty of Medicine as the [Keith Award](#) and [Rural Medical Education Awards](#) would not be

possible without you. I also express my congratulations to Drs. Lyn Power and Samantha Harper on being awarded a Rural Service Award and Fellowship of Rural and Remote Medicine and undergraduate learners Dr. Allison Best and Mr. Daniel Pearce on being awarded the Student Leadership Award and Student Essay Award, respectively. Congratulations also to Drs. Robert Forsey, Tara Snelgrove, and Madison Lewis for their award nominations. Distributed medical education is a strength of our medical school as represented by such national recognition.

I say farewell to a wonderful leader and mentor Dr. Margaret Steele who will finish her role as Dean of Medicine, August 2023. Dr. Steele has been an incredible advocate of rural education and has supported and fostered the growth of the Office of Distributed Medical Education throughout her incumbency. She will be missed, and I wish her the best of luck in her future endeavours.

As we head into the summer, our focus will be on faculty recruitment, retention, and recognition through our Triple R framework as we continue our strategic alignment with that of our provincial partners in fulfilling our social accountability mandate. I look forward to continuing this work with you all and I feel confident in our continued success.

Dr. Andrew Hunt, Assistant Dean, DME, Faculty of Medicine



NOTABLES

Check out the Faculty of Medicine's [UPCOMING EVENTS](#).

Learn more about our recently updated [DISTRIBUTED CLINICAL FACULTY REMUNERATION POLICY](#) and [HOUSING POLICY](#).

OPPORTUNITY

Society of Rural Physicians of Canada (SRPC)

SRPC has received funding to reimburse rural physicians, including specialists, who are interested in advanced skills training, enabling them to meet specific community needs and reducing the need for patient transport out of communities to receive these services.

Are you interested in advanced training?

The SRPC has received 36 trainee applications to date, and this national program will fund 166 physicians. The maximum funding available for each physician is \$35,000. If you are interested or know someone interested in being a trainee, the eligibility criteria are as follows:

- Rural physicians must have an active license to practice in Canada.
- Physicians must be SRPC members.
- Physicians must have practiced in a rural community for a minimum of six months in the past year.
- Physicians may be practicing in more than one rural community.
- Physicians will have a demonstrated commitment to rural practice and will be expected to provide services in a rural area after training. Physicians must indicate their intention to return to a rural community for at least six months.
- Residents are not eligible for funding.

What are the next steps? You will develop a training plan based on the needs of your community and find a preceptor!

You can apply here: <https://srpc.ca/event-5140347>

JOIN THE ADVENTURE!

If you are a medical learner or physician interested in an exciting opportunity in rural medical education, connect with us!

CONTACT US

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