

**Family Medicine Western Stream
Resident Academic & Wellness Workshop
September 22nd, 2017**

On September 22nd & 23rd, 2017 Family Medicine – Western Stream held its second WesFam Resident Academic & Wellness Workshop. This year we had participation from Allied Health Workers and Family Physicians from the Port Aux Basques area.

The morning began with breakfast and an introduction by Dr. Wendy Graham. There were two ER/ATLS cases presented by Dr. Dave Thomas and Dr. Matt Ryan. These sessions consisted of a debriefing and time for Q and A. This was followed by a presentation by social worker Amy LeRiche on “Advanced Health Care Directive Navigation”.

Lunch was a BBQ donated and served by Leading Edge Credit Union. During lunch staff from LECU gave a presentation on RRSP’s and TFSA’s.

The afternoon sessions included Critical Escort/Preparation by Dr. Matt Ryan, Exam Prep by Drs. Matt Ryan and Wendy Graham, CXR Interpretation by Dr. Dave Thomas.

Following that the residents participated in a community mock-disaster whereby they facilitated the transfer of two critically injured patients from the community ambulance service and then worked as a team in the stabilization and resuscitation of these patients.

The day was concluded with Dr. Wendy Graham setting the stage for Day 2 and giving a wrap-up of Day 1. There was a group photo taken in the new Dr. Richard Taor Memorial Garden located in the Long Term Care Wing of LeGrow.



WestFam Residents outside Memorial Garden.

That evening the residents, spouses and several physicians enjoyed bowling at the local Bowling Alley and then were treated to a night of singing and socializing around a fire at the residence of Dr. Dave Thomas.

The next morning the residents participated in a Wilderness Medicine teaching session with Dr. Matt Ryan before embarking on a hike along the beautiful walking trails of Port Aux Basques.

The workshop ended with a dinner at St. Christopher’s Hotel which was sponsored by Marine Atlantic.

Thanks you to all our presenters and all the community involvement and support we received to make this workshop a success! A special thank you once again to the Western Regional Hospital Foundation for their ongoing support!!



Mock Disaster transferring two critically injured patients.



Drs. Erin Smallwood, Wendy Graham & Matt Ryan