

NorFam Stream FAQs



I am a resident in another program/stream. How do I apply for an elective in Goose Bay?

Thank you for your interest in the NorFam program. We can take residents and medical students for rural, remote Family Medicine and ER electives.

Information regarding the application process for residents can be found at <https://www.mun.ca/medicine/pgme/visiting-and-former-learners/>. Medical students can find application information at <https://www.med.mun.ca/UGradME/Visiting-Students.aspx>.

If you have further questions or concerns, email fatima.osomo@lghealth.ca or call (709) 897-2033.

Will I have the opportunity to visit a coastal community?

All residents who are here for a 4-week elective will visit a coastal community during their rotation in Goose Bay. We will try to arrange a community visit for electives shorter than 4 weeks.

What is teaching like in Goose Bay?

Residents will participate in daily teaching sessions and will attend Core Content session three times per year.

Additional learning opportunities include:

- NRP/PALS/ACLS instruction
- Many staff are PoCUS (Point of Care Ultrasound) independent practitioners and can certify residents on ultrasound scans
- Medivac workshops
- Survival & wilderness medicine course
- Rural critical care workshops
- Indigenous health workshop

What are accommodations like in Goose Bay?

NorFam Residents have to find their own accommodation in their home base of Goose Bay. Most rentals have 2 bedrooms and some have 3 bedrooms. The Discipline of Family Medicine provides financial assistance and offers recommendations for NorFam residents when they are doing their non-elective training outside of their home base.

We provide single rooms in shared apartments for medical students and residents who are doing an elective in Goose Bay.

How do I access the MUN library?

Information on accessing MUN's Health Sciences Library resources can be found at the following link:

<http://www.med.mun.ca/getdoc/f88985d3-94d9-4526-8680-dac32541cec6/Health-Science-Library-Pamphlet.aspx>

What is D2L?

The Centre for Innovation in Teaching and Learning (CITL) manages Memorial University's learning management system, Desire2Learn (D2L).

D2L is the system used to deliver online and on campus courses, as well as various other academic and administrative functions.

What are ePortfolio and Field Notes?

The ePortfolio system is a tool designed to aid in the evaluation of residents through the input and analysis of their field notes and other assessment tools.

A field note is a report on a discussion, direct observation, observed examination, observed procedure, or some other clinical encounter. The purpose of field notes is to document the progress of residents as they acquire the required competencies to complete their training. Without this documentation residents cannot progress in the program, and will miss opportunities to address gaps or areas of weakness and we will not be able to highlight areas of exceptional work.

What is One45?

The One45 system is designed to support rotation and academic event scheduling, web based evaluation, and procedure tracking for undergraduate and post-graduate medical students through a web based system. Sometimes also referred to as "WebEval" it is a web based system commonly used in many Canadian medical schools.

In the Pre-Clerkship years One45 will mainly be used for evaluation of courses/subjects and distribution of marks to students. In the Clerkship and Resident years the full capabilities of the One45 system will be used including clerkship rotation scheduling, academic event scheduling and evaluation of different types and posting of various handouts.

How do I get information for the resident contracts (PARNL)?

The Professional Association of Residents of Newfoundland & Labrador (PARNL) contract can be found at <http://parnl.ca/agreement/>

Things to do in Goose Bay...

Located in central Labrador, the town of Happy Valley-Goose Bay is a small, but active community with many cultural, athletic, and outdoor activities happening year-round.

The Lawrence O'Brien Arts Centre is an exceptional facility providing programs and services for entertainment, education, and cultural activities in the community (<http://www.obrienartscentre.ca/home/2>).

Birch Brook Nordic Ski Club offers spectacular hiking, snowshoeing, and cross-country skiing trails (<http://www.birchbrook.ca/home/>).

Trapper Running Club offers running lessons in late spring and early summer. The club has group runs every Saturday morning at 11am. The Trapline marathon, half marathon and 10km races are on Thanksgiving Sunday in October.
<https://www.trappersrunningclub.com/>

For hiking opportunities check out <http://www.destinationlabrador.com/guide/>. Labrador has two national parks, the Mealy Mountain Park and the Torngats National Park. <http://www.thetorngats.com>

Labrador is world renown location for sports fishing especially for the Atlantic salmon.

Winter offers opportunities for explore the vast wilderness by snowmobiling, for ice fishing, hunting and camping.

The town of Happy Valley-Goose Bay is a small community with a lot to offer. You can find more information about the town at <https://happyvalley-goosebay.com/visitors/>.

If you have any additional questions about the NorFam stream or if you would like to talk to one of our admin residents one-on-one please let us know.
