

To assist with your human resources needs, you will find a variety of information throughout our website. Please visit our [HR FAQs](#) accessible via the quick links on the right to find answers to commonly asked HR questions. Please access the my.mun portal for HR forms.

Whether you are an employee or manager with questions about policies, services, benefits or career development, the trained professionals in the Department of Human Resources are here to help. Acting as our centralized hub for processing HR transactions and the initial gateway to HR solutions, MyHR is your first point of contact for most HR inquiries. To further assist in directing your inquiry, please refer to the contact table below:

<b>St. John's Campus</b>	<b>All HR Inquiries, including Payroll Inquiries (with the following exceptions as noted below)</b>	<b>MyHR</b> Live Chat via <a href="http://www.mun.ca/hr">www.mun.ca/hr</a> Email: <a href="mailto:myhr@mun.ca">myhr@mun.ca</a>
	<b>Ergonomic Assessment Requests</b>	<b>Ergonomist</b> Tel: 709-864-4632 Email: <a href="mailto:ergonomics@mun.ca">ergonomics@mun.ca</a>
	<b>Employment Equity Inquiries</b>	<b>Employment Equity</b> Tel: 709-864-2548 Email: <a href="mailto:equity@mun.ca">equity@mun.ca</a>
	<b>Pension Calculation Requests</b>	<b>Pensions and Benefits Office</b> Tel: 709-864-2745 Email: <a href="mailto:myhr@mun.ca">myhr@mun.ca</a>
<b>Grenfell Campus</b>	<b>All HR Inquiries</b>	<b>Human Resources, Grenfell</b> Tel: 709-637-4097 or 709-637-6237 Email: <a href="mailto:gchr@mun.ca">gchr@mun.ca</a>
<b>Faculty of Medicine</b>	<b>All HR Inquiries</b>	<b>Human Resources, Medicine</b> Tel: 709-864-6414 Email: <a href="mailto:hrmed@mun.ca">hrmed@mun.ca</a>
<b>Marine Institute</b>	<b>All HR Inquiries</b>	<b>Human Resources, Marine Institute</b> Tel: 709-778-0397 Email: <a href="mailto:human.resources@mi.mun.ca">human.resources@mi.mun.ca</a>